

The Finest Rotary Club in the World!

TOLEDO ROTARY SPOKE

Official Publication of the Rotary Club of Toledo

Club No. 44 Organized in 1912

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Monday's Meeting March 7, 2016:

Jeff Showell: Being in Tune is Impossible

In essence, being in tune in music is a quite subjective judgment, and one man's perfect can be another man's awful. This is all because nature's math (the natural overtone series) leads to painful sounding intervals, and all the historical pitch systems contain unresolvable contradictions. To some musicians, even a modern keyboard (itself a bundle of compromises) sounds bad. Since 2011, Jeffrey Showell has been professor and dean of the College of Musical Arts of Bowling Green State University. From 2004-2011, he was a professor and the director of the School of Music at James Madison University in Virginia, and from 1999-2004 he was a professor and the chair of the Music Department of the University of Central Arkansas. From 1980-1999, Showell was a member of the faculty and later the assistant director of the School of Music at the University of Arizona. Showell was the principal violist of the Tucson Symphony Orchestra from 1982-90 and has been a soloist with the St. Paul Chamber Orchestra, the St. Cloud Symphony, and the Tucson Symphony Orchestra. He has given solo recitals in ten states and was the violist in the Rymour Quartet, which culminated its career in a well received 1978 recital in Carnegie Recital Hall (now Weill Hall) in New York City. He has edited viola works for Armitage Press, is the author of "A Technical Pedagogy for Viola" and has written articles for the *Journal of the American Viola Society*, the *American String Teacher Journal*, and *Trains Magazine*. Showell holds a D.M.A in Performance from Yale University, a M.M. in Performance and Literature and a B.M. in Performance from the Eastman School of Music, before which he attended Stanford University for two years as a German major. He is a native of Missoula, Montana.



Upcoming Meetings/Events

MONDAY, March 7—Speaker: Jeff Showell

Program: Being in Tune is Impossible

Greeters: Sharon Gaber, Tim Harrington, Scot Hinshaw, Bob Huber, Bernd Hunger, Gary Johnson, Jim Kamsickas, Brian Kennedy, Tim Koder, Rob Krain, Rick Marshall, Martin LaMar

TUESDAY, March 8

7:30 am Moon Over Middlegrounds Meeting, Café Marie (Secor)

WEDNESDAY, March 9

7:30 am Exec Meeting, Original Pancake (Central)

MONDAY, March 14—Speaker: Father Ron Olszewski

Program: Conflict with Civility

Greeters: Guisselle Mendoza, Justin Moor, Majida Mourad, Kevin Mullan, Dean Niese, Daric Peppers, Judy Potter, Brad Rubini, Hunt Sears, Neil Neukam, Paul Hong

Committee Meetings:

11:00 am Strategic Planning

1:00 pm Disability

WEDNESDAY, March 16

7:30 am Board Meeting, Toledo Club

FRIDAY, March 18

Noon—9 pm March Matchness, Toledo Club

MONDAY, March 21—Speaker: Joe Napoli

Program: Hensville

THIS MEETING WILL TAKE PLACE AT HENSVILLE

The Armory 28 N. St. Clair

Greeters: Jim Scheib, Joe Sharp, Paul Smith, Paul Sullivan, Travis Tangeman, Lou Tosi, Matthew Trzcinski, Lori Vance, Jim, Vitale, Keith Walker, Tom Waniewski, Dan Zimolzak

Committee Meetings:

1:00 pm Vocational

MONDAY, March 28—**NO MEETING**

WEDNESDAY, March 30

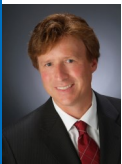
8:00 am Marketing. Original Pancake (Central)



Internet Viewing: The past meeting can be viewed online at <https://vimeo.com/157225076>.

Tim Kasunic and Dianne Cherry: Harnessing the Immune System to Fight Cancer: A New Frontier

Dr. Tim Kasunic gave a short history of cancer and then discussed chemotherapy and its side effects: infections, nausea and vomiting, diarrhea and constipation, fatigue, nerve damage and neuropathy, and hair loss. With the drug, Herceptin, a 53% decrease in recurrence of breast cancer has been achieved. Dr. Kasunic said that doctors are using the immune system to fight cancer. In addition, Opdivo has proven effective in patients with advanced lung, kidney, and melanoma cancer. In addition, Yervoy and Opdivo have unprecedented response rate in metastatic melanoma of 60%. Dr. Kasunic said that cutting edge cancer treatment is being delivered right here in Toledo. The Penguin Cold Cap cools the scalp to minimize chemotherapy's effect on hair cells. The Toledo Clinic Cancer Centers will be the first in the region to offer either Dignicaps or Penguin Cold Caps but widespread use is in the near future. Tim listed several community support centers and introduced Dianne Cherry from The Victory Center which partners with all cancer centers in the region. The Victory Center is celebrating its 20th anniversary and provides patient and support services free of charge. They offer all kinds of services including: oncology massage, Reiki and healing touch, reflexology, facials, yoga, Pilates, Zumba, dancing classes, art therapy, and much more. They now offer an aquatic exercise class thanks to a grant from the Toledo Rotary Club Foundation. The Center is funded through foundation grants, special events, and individual contributions. They receive no government funding or health insurance reimbursements. Dianne announced the Center has grown 160% in the past 7 years and 500-600 individuals come in each year. They offer breast cancer and caregivers support groups and a wig bank in cooperation with the American Cancer Society.



March Matchness—March 18



Join in the basketball Matchness on **Friday, March 18** from **noon til 9 pm** at the Toledo Club. The Centennial room will be decked out with multiple televisions (donated by Jamiesons' Audio/Video) so that you can watch college basketball's premier event—March Madness. There will be a cash bar and heavy hors d'oeuvres throughout the day. **"Celebrity" bartenders** will be competing for tips which will be matched as part of the Foundation's Match Challenge (see below). There will be much basketball, merriment, prizes, and who knows what else. If you want to bartend, contact [Tyler McKean](mailto:Tyler.McKean@toledorotaryclub.org) (419.318.5500). Come join in the **FUN!** **[RSVP HERE TODAY!](#)**

Foundation Match Challenge

Thanks to a "match" offered by a generous Rotarian, for every increased dollar donated to the Foundation this Rotary year 2015-16, over last Rotary year 2014-15, they will match a dollar, up to \$1,000 per Rotarian, **up to \$100,000 overall!** Each individual Rotarian can be matched up to \$1,000, and all gifts must be received in the Rotary Office by March 31, 2016 to be matched. As of today, member contributions have resulted in a match of **\$30,960**, so there is **\$69,040** still available to "match."



Please consider increasing your gift as each dollar will make a difference!

You are part of a truly unique Rotary club that provides service and fellowship opportunities that have a tremendous effect on each of us and makes a meaningful difference in people's lives.

Member in the News

Zak Vassar has been named senior vice president of Research & Analytics at Communica, Inc. He will lead Communica's qualitative and quantitative market research engagements. Zak most recently worked remotely for a Boston-based research firm. He is excited to join the Communica team and support clients from a Toledo address. Congratulations Zak!



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New Members

Bob Gardner has been a practicing CPA in the Toledo area for 38 years. He is currently a director of William Vaughn Company and for many years managed the accounting firm of Miller, Gardner & Company. Bob is married to Karen and has three adult children: Tony, Robin and Lauren. He enjoys playing golf and is a fan of all sports. His pet peeve is drivers who don't use their turn signals, especially a particular member of his family who shall remain nameless. Dick Wolff and Tom Fry are Bob's sponsors.



Tom Shafer is the superintendent for the Toledo Maritime Academy. Tom earned a Bachelor of Science from Bowling Green State University and a Masters in Education from the University of Toledo. Tom and his wife, Sheree, have four children—Lindsey, Drew, Jake, and Jennifer. Tom served in the U.S. Navy and is a member of the American Legion and VFW. He has coached football, baseball, and softball in his career as a teacher, principal and superintendent. His sponsors are: Bob Lucas and Tom Waniewski.



Matthew Trzcinski currently serves as the director of Trustee and Community Relations at the Ohio Council of Community Schools. Born in Thousand Oaks, California and raised in the south end of Toledo, Matthew is a graduate of the University of Toledo. He enjoys volleyball and swimming as his recreational activities. His pet peeves are jaywalking and the use of "YOUR" instead of "YOU'RE." Eric Fankhauser and Steve Sanford are his sponsors.



Extraordinary Service Project Opportunity



Business leaders of the Rotary Club of Toledo have an incredible service project opportunity to hold a mock interview with our emerging leaders of St. Francis, the TPS Young Men of Excellence and St. Ursula Women in Business. Your leadership is needed! Every effort will be made to match each student up with a Rotarian in the field of the student's interest. The time will be best utilized with a professional, authentic conversation that is focused on empowering these young adults and future leaders.

Monday, March 21st – 15 St. Francis students: **5 service project volunteers still needed**/9 leaders have committed

Monday, April 11th – 12 Young Men of Excellence/Waite HS: **1 service project volunteer still needed**/11 leaders have committed

Monday, May 9th – St. Ursula Women in Business: 0 service project volunteers still needed/12 leaders have committed

Timeline Commitment:

10 am– Leadership volunteers and students arrive

10:20 am- Welcome announcement, Steve Johnson & Rachel Hobson, Vocational Services Leadership

10:30 - 11:30 am- One-hour interview with your assigned student

11:30 am– Invite your student to sit with you during the lunch program; make introductions, explain the club and the program, answer any of their questions, etc.

****President Andy will make an announcement that our students are present, therefore please refrain from introducing each individually.*

1pm- Help your student find their teacher and thank them for joining us!

Service Above Self:

The one- hour interview achieves several things:

- It offers high school students the chance to meet business leaders in their community in a professional environment.
- They have an opportunity to gain tremendous insight into their own journey ahead while seeing the possibilities in their own community.
- Rotarians have the chance to serve our young adults, offer insight from our own experiences and, above all, encourage the principles of our four-way test.

Contact Vice Chairman Rachel Hobson at Rachel@HobsonCoaching.com if you can participate or for more information.



Contributions have been made to the
Toledo Rotary Club Foundation

Bob & Nancy Harold in memory of Bill Falvey
Brad Rubini in memory of Bill Falvey

Travis Tangeman
Louise Jackson
John Fedderke
Lauren Douglas
Richard Eppstein

Former Toledo Rotarian Bill Falvey, age 77, passed away peacefully in his sleep on Wednesday, February 24. Mr. Falvey was a member of the Club for over 30 years, joining in 1974.

**Donate now to the
Toledo Rotary Club Foundation
to invest in *Service Above Self!***

2015-16 Foundation Goals

Contributions Simplified



Toledo Rotary Foundation Goal: Each member supports at the President's Club Level—\$250 annually

- **President's Club:** \$250 annually=\$21/mo for 12 months



Rotary International Foundation Goal: 'Every Rotarian Every Year' Level—\$100 annually

- **Every Rotarian Every Year** @ \$100 annually = \$9/mo for 12 months



Rotary International Foundation Goal: 'End Polio Now'—\$25 annually

- **End Polio Now** @ \$25 annually = \$2/mo for 12 months

\$32 month = Goals Accomplished!

No Processing Fees
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SAVE THE DATES

March 18—March Matchness

Join in the basketball Matchness at the Toledo Club. The Centennial room will be decked out with multiple televisions so that you can watch college basketball's premier event—March Madness. There will be a cash bar and heavy hors d'oeuvres throughout the day.

April 12—Art Day

Volunteer for Art Day with Glendale Feilbach students at the Toledo Museum of Art. This hands on program will introduce students to different art media.

April 15—Paint for Polio

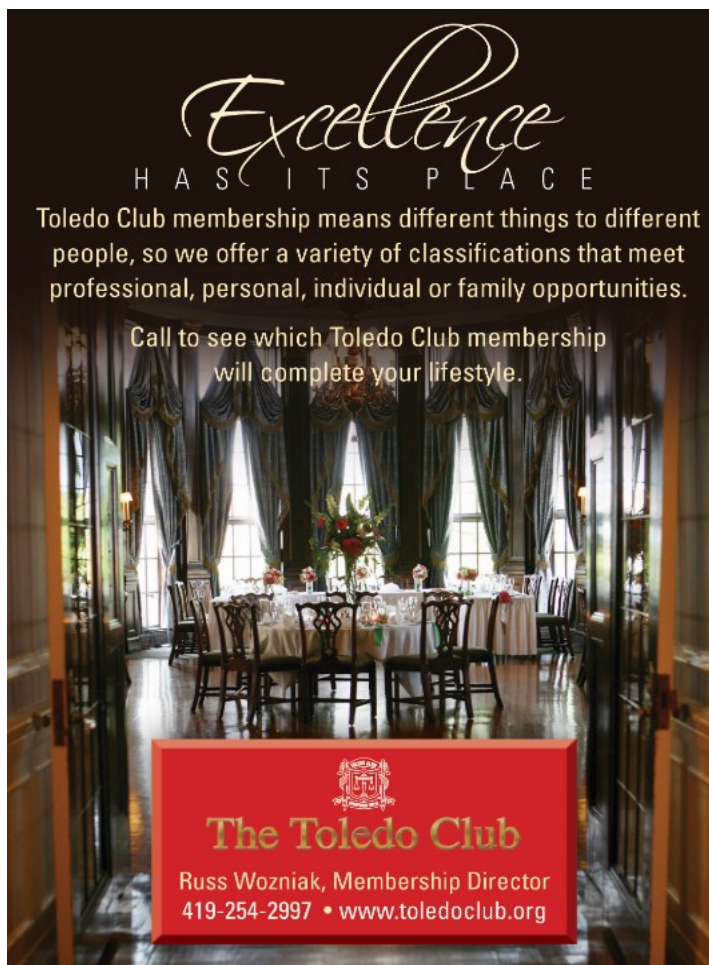
Come for the Rotary fellowship, drink wine, and paint your own Rembrandt, van Gogh, Pollock, or even Picasso while raising money for polio eradication.

May 21—Kids Against Hunger

In two hours, we will pack 25,000 meals for the hungry.

Excellence
HAS ITS PLACE
Toledo Club membership means different things to different people, so we offer a variety of classifications that meet professional, personal, individual or family opportunities.

Call to see which Toledo Club membership will complete your lifestyle.



The Toledo Club

Russ Wozniak, Membership Director
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Rotatouille! Healthy Eating and Happy Giving is coming!

District 6600 is creating a health and wellness book that draws upon the recipes, stories, and experiences of fellow Rotarians. *Rotatouille! Healthy Eating and Happy Giving* will be published and available for sale in July with proceeds benefiting The Rotary Foundation. In addition to recipes and stories of friendship



and fellowship, this book will include tips on nutrition and wellness, exercise, stress relief, and emotional well-being.

How can you participate in this exciting project?

Just submit your favorite recipe online at <https://www.surveymonkey.com/r/3MWL99J>. Pictures should be included with the submission to bring even more appeal to the recipes. Submissions can also be mailed to Mary Pietras at 3130 Central Park West, Toledo, OH 43617.

The last day to submit is **April 1**.

Don't forget about the Toledo Rotary Club Foundation match now through March 31.

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Get to know . . . Ann Malak

Describe your profession and what is your favorite part of it?

I am the Community Relations Lead for Owens Corning. I am in charge of employee engagement for North America, and I manage our Habitat for Humanity partnership. The favorite part of my job is developing relationships with our charitable partners and engaging our employees in the community.

What do you like to do when you are not working?

I love pretty much doing anything that involves spending time with family and friends.

What is the most satisfying benefit you get from being a Rotarian?

Still too new to say, but I hope to benefit and collaborate from all the great resources within the Rotary and really make a difference in our community.

Tell us about your family.

We live in Temperance Michigan "GO BLUE." I have been married to my wonderful husband Rob for almost 10 years. I have a lovely step daughter named Chelsea who will be graduating this year from The University of Toledo with her teaching degree.

Share one thing people do not know about you.

I tended bar in my past life. I loved meeting new people and cheering up the regulars who came in a little down on their luck. But don't ask me to make any fancy drinks, most of the patrons at that bar just ordered beer. That I could do.

Share some "words to live by" or your favorite quote.

You cannot do all the good with world needs, but the world needs all the good you can do!

What would you be doing if you were not in your profession today?

I cannot imagine doing anything else. I absolutely love my job. I love engaging employees in the community and giving back. I have been truly blessed in my life and I love to share what I have with others. Whether that be my time, my treasures, or my talent.

Outside of Rotary, please share other interesting civic or community involvement of which you are a part.

It sometimes is hard to distinguish what is my JOB and what is my Passion. In all truthfulness, they are intertwined. I have been an avid volunteer long before I joined the Community Relations Department. I do not have just ONE organization that I am passionate about. My passion is about people and because of that I serve many organizations. I am very active in my church and volunteer for many of our outreach programs. I have been to Haiti twice on mission trips and absolutely love it. Almost every Saturday morning you can find me downtown at the corner of Michigan and Adams at what we call the Saturday morning picnic. It involves anywhere from 100 to 300 people weekly in a time of food and conversation. The biggest obstacle people living in poverty face is not the lack of food or clothing, but isolation from the experience of human dignity through community.

Where do you see yourself in ten years?

Hopefully still doing what I am doing, and one step closer to retirement.



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March Birthdays

Walt Churchill, Jr. (1)
Mark Stephens (1)
Tim Harrington (3)
Dick Wolff (3)
Bill Thomas (4)
John Lark (5)
John Kendzel (6)
Michael Marsh (6)
Rob Krain (8)
Robert Albring (9)
Elissa Schmidt (9)
Karen McCoy (10)
Dean Niese (10)
Matt Lentz (11)
Steve Johnson (12)
Steve Martindale (12)
John Wiley (12)
Chadwick Bringman (13)
Tracey Tangeman (14)
Travis Tangeman (14)
Chuck Mann (15)
Brad Stoller (16)
Victoria Bartlett (21)
Jamie Adams (24)
Keith Burwell (24)
John Nelson (26)
John Roemer (26)
Robb Brown (28)
Rick Brunner (28)
Kirkland Mizerek (28)
Denise Johnson (30)
Todd Deindoerfer (31)

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Full page 10" x 7.5" = \$1000

Please contact Jim Norman at jnorman@toledorotary.org or 419.241.7060 for information. Weekly rates are also available.

Club Officers and Directors

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President-Elect | Stacy Hammer

1st Vice President | Sharon Skilliter

2nd Vice President | Dick Wolff

Secretary-Treasurer | Dick Wolff

Board Members | Mary Ann Culpert, Jennifer Hildebrand, Reg Jackson, Brian Kennedy, Butch Krueger, Mike McIntyre, Judy Potter, John Roemer, Tim Ryan

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Vice Chairman | Louise Jackson

Secretary-Treasurer | Kathy Mikolajczak

Trustees | Keith Burwell, Eric Fankhauser, Judy Leb, Mary Mancini, Gary Murphy, Chuck Stocking

Staff

Executive Director | Kathy Tate

Chief of Staff | James Norman

Toledo Rotary Website | toledorotary.org

Toledo Rotary Phone | 419.241.7060

Rotary International

President | K.R. Ravindran

Governor, District 6600 | Gary Newton

Area 4 Assistant Governor | Pat Gory

RI Website | rotary.org



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